



Histology Group of Victoria Inc.

Org. No. A003523F
ABN 49 725 623 468

PARAFFINALIA

<http://www.hgv.org.au>

Volume 15 Number 4

August 2010

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Editor: Elizabeth Baranyai

“The HGV aims to provide a dynamic continuing education program in which all persons with an interest in Histology and Histotechnology are freely invited to participate.”

Committee Page:

The members of the Histology Group of Victoria 2009-2010 are:

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Michelle Zammit	The Alfred Hospital	9076 3088
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Raelene Howen	Dorevitch Pathology	9244 0354
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Please feel free to contact any of the committee members listed above with any comments or suggestions. Contributions are always welcome.

Advertising:

All enquiries for trade advertising in the next edition, please contact: Alison Boyd - trade@hgv.org.au

Advertising for the next edition of Paraffinalia closes: **1st October, 2010**

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Supplied as electronic file to Editor in either
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Author enquiries and readers wishing to contribute articles or reports can contact the Editor - editor@hgv.org.au

Please email articles (preferably Microsoft Word format) for inclusion in the next edition to editor@hgv.org.au
All items submitted for publication will then become the sole property of the Histology Group of Victoria Inc.

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WE ARE NOW GREEN!

This is the first newsletter produced from the HGV that has been sent electronically. 14% of the membership has elected to receive their newsletter electronically, which is reducing our consumption of paper and costs for the HGV.

If you would like to join the members having consideration for the environment, then simply send us an email with the subject “GOING GREEN” from the email address that you wish to receive the newsletter to

membership@hgv.org.au

Additionally, if we have your email registered, you will start to receive reminders of scientific meetings and conferences, and be the first to see advertised positions vacant in Histology.

Blurb from the Bush

God its cold! Having been overseas for 5 weeks visiting Europe and enjoying 30C+ it is a little hard reacclimatizing to the winter conditions that Ballarat can bring. Whilst I was away I missed the Forensic institute presentation. I hope those that were present enjoyed the talk and a look at the facilities. The committee is currently working to put together a program for another Coonawarra meeting next March. This is a joint project with the South Australian group. The meeting is usually very popular due to its location amongst the vines, so if you are interested in a drop of the vino interspersed with some scientific content, get onto registering.

We have two scientific meetings remaining this year, the last including the AGM. We are always after any new or second hand volunteers to assist in coordinating and organising the further education and social events that everyone enjoys.

Lastly, don't forget to get down to your local primary school on August 21st to buy a lamington or a scone, collect the myriad of flyers thrust under your nose and practise writing your numbers clearly.

Adrian Warmington
HGV President

Used Equipment

I am on the scrounge for unwanted Pathology hardware. I am trying to help a friend to improve situation at a neglected cancer centre in South India. They have a pathology lab there, trying to do histo and cytological assessment, but using 1950s equipment. I have visited there, and they seem to have some well-trained people (mostly UK trained) who know what they want to make their situation better, but they are having trouble getting it. I can show you their wish-list, if that would be helpful. We are fairly sure we can find some better equipment for them simply by getting hold of what NZ +/- Australian labs are throwing out. Is there any chance there might be anything you are discarding that we could have? We would look after all transport costs, etc.

Matthew Seel
Radiation Oncologist
Waikato Hospital
Matthew.Seel@waikatodhb.health.nz

Under the Microscope

Reported by Maria Chavez

Ebony Lee Forrest RMIT Bursary Student Monash Medical Centre

1. What was your first job?

Check out chick at KFC in Cranbourne. Working in the Fast Food Industry was the worst, but the people were great. Although I did get a lot of free food.

2. What attracted you to Histology?

I like how it is not as automated as other disciplines. It is a lot more interesting I believe, there are so many different areas and it's fun too! I really enjoy embedding and performing special stains, I am yet to have been taught Immuno stains but am looking forward to learning.

3. What is the worst decision you have ever made?

How long have you got? The most recent one would have to be walking through the boom gates at a railway crossing while the gates were down, the Police caught me and I got an on the spot fine which was astronomical, especially for a Bursary Student!

4. What is the best decision you have ever made?

Deciding to become a scientist, I couldn't imagine myself doing anything else.

5. Who would you most like to have dinner with and why?

Jacob from Twilight, I think everyone knows why.

6. What music do you enjoy listening to?

Anything that gets me on the dance floor, but I love Aussie hip-hop, Bliss N Eso are my favourite group. I listen to a range of music and I couldn't live without it, it makes the world go around.

7. What is your favourite stain?

The Aldehyde Fuchsin Gomori stain. It is the prettiest out all that I have seen so far.

8. What is your favourite food/Restaurant?

Pancakes would have to be my all time favourite food to eat, either home made or at a restaurant. But you will most likely find me eating McDonald's every Sunday after a night out.

9. What are you reading at the moment?

I'm starting the Harry Potter series again for the third time. I've been reading them since they first came out and am a huge fan.

10. What is the best conference you have ever attended?

I've never been to one, but perhaps in the years to come I will.

11. Are there any current projects you are working on at the moment?

Not really, I'm just brainstorming some ideas for my Professional Practice Presentation at the end of my Bursary year, which is for assessment and is being presented at RMIT.

Forensics and Histology – A waste of time?

By Dr. Noel Woodford. Reported by Maria Chavez.

It was a change of location for the last scientific meeting. Fellow histologists gathered at the Plueckhahn lecture theatre at the Victorian Institute of Forensic Medicine (VIFM) to hear Dr. Noel Woodford discuss the importance of histological investigation in Forensics.

At VIFM the preliminary examination process begins with a CT scan of all the bodies that arrive for investigation. This has proved to be extremely beneficial in identifying pathological processes that may or may not be relevant to what is being investigated, incidental findings, and furthermore may avoid the necessity for autopsy and subsequent histological examination.

The histological examination can assist in the diagnosis of injury (bruises and gunshot wounds), confirmation and or refining of macroscopic findings, including incidental pathologies identified at autopsy (tumours) as well as diseases associated with ageing. It ultimately provides a permanent record of pathologies identified. At VIFM a minimum of 22 blocks are routinely taken for histological examination.

The age of the bruise can be of particular importance in medico-legal cases. Examination of gunshot wounds can identify the distance of range of the gunshot, contact wounds as well as the entrance and exit of bullets.

Dr Woodford explained that whilst diagnosing cancer/ tumour in a deceased patient, it is of upmost importance to determine the type of cancer, as this may result in implications for existing family members, who may require genetic testing. Dr Woodford mentioned that incidental findings such as tumour diagnosis can be very difficult for some family members who do not wish to undergo genetic testing, let alone knowing that they may be at risk.

Throughout the presentation, Dr Woodford showed various macroscopic and microscopic images of tumours, eg : nodules in the liver seen in hepatocellular carcinoma, infections such as tuberculosis and meningitides, causes of natural disease such as myocardial infarction as well as some unusual natural death cases including a case of a 20 year old male who died unexpectedly at a football game. At autopsy it was discovered this young man had a heart weighing 600grams (hypertrophic myocytes).

In conclusion, Dr Woodford was very convincing that histological examination of forensic tissue blocks are definitely not a waste of time and ultimately provide a permanent record of pathology identified at autopsy.

This interesting presentation concluded with a tour of the histology laboratory at VIFM lead by Mr David Cauci.

HGV Trivia Night 2010

It may be safe to say that the annual HGV trivia night is as popular as attending a Christmas in July party, as it was a full house again at the Mt Erica hotel on Friday 23rd July. The reigns were handed back to Alex Laslowski to provide the questions and games for the night whilst Greg entertained us as our regular host (what would we do without him!!!)

Glasses were filled, the food was out and it was game on for young and old. A quick warm up with some true or false questions gave Dorevitch a head start of 6 points. Then to round one, not so difficult in my opinion...and then the real fun started...a spelling bee with one member from each table playing for the team. It almost looked like this was going to last all night when only one person was eliminated in the first round, but then came out the tricky ones like misspell, connoisseur, congratulate, rhinoceros, effervescent and then one by one each member was eliminated except for Ms Judy Brincat who seemed to know how to spell every word in the English language...including annihilate which scored her a prize and points! Well done Judy.

At half time St Vincent's were taking the wooden spoon and everyone else was somewhere else on the tally...my memory is failing me at 29. Then came the musical challenge, or shall I say the SINGSTAR!!! Yes that's right someone brought the Playstation to the party. Now for those who aren't familiar: the game is much like karaoke, you have the music clip and the words on the bottom of the screen, however you battle off with two players at a time and the game grades you as both players sing along, the winner is the player with the highest score at the end of the song. The Game was Singstar 80's. Bring on Tina Turner's *Simply the Best*, Tainted Love, Atomic by Blondie, Boy George's *Karma Chameleon* and Madonna's *Material Girl*. Hazel from Anatpath, May from Pathcare, a young lady from TissuPath and myself made it to the semi final. But it was all over for me with Atomic☹. Hazel was just too good for me! The grand final had Hazel from Anatpath and May from Pathcare battle it out...and once again it was taken out by May (who has won the musical challenge at least three times by now). We will have to adopt you for the Monash table next year Singstar Queen!!!

It looks like Singstar will have to be brought out for next year's trivia night I'm sure! The remainder of the night included the popular movie quotes, and some more true and false questions and definitely more drinks. TissuPath behaved themselves this year..or did we just not hear them as the naughty crew was placed down the back ha ha ha.

Before too long, it was the final round. According to the hosts, Dorevitch and Monash were neck on neck throughout the night, although I don't see how when Dorevitch managed to score so many bonus points at the beginning of the night. Just goes to show that you can't count your chickens before they hatch. Monash came up strong since last year's dismal effort, to take on first prize, and RMIT came third. Yeah Monash!!! It feels great to be on the winning table for a change. See you all next year and remember book in early to avoid disappointment.

PS: there will be a Christmas social function this year, more details to come soon.

Cheers

Maria
Social Coordinator.





Nomination Form for Election to the Committee of Management of the Histology Group of Victoria Inc.

Thursday 11th November, 2010 Peter MacCallum Cancer Centre

Nominated Person.....

Institution.....

Email Address.....

Position Nominated For	President	<input type="checkbox"/>
(please tick box)	Treasurer	<input type="checkbox"/>
	Secretary	<input type="checkbox"/>
	Committee Member	<input type="checkbox"/>

All nominations must be signed by two HGV members
(If you receive Paraffinalia you are a member)

Name of Member.....Signature.....

Name of Member.....Signature.....

Nominations must have the consent of the nominee

Signature of Nominee.....

Nominations must be returned no later than Thursday 4th November, 2010.

Please send nomination form to:

The Secretary
Histology Group of Victoria
PO Box 1461
Collingwood, VIC 3066

Next Scientific Meeting:



Renal Biopsies – Technical Aspects

Speaker:	Professor John Dowling Monash Medical Centre
Date:	Thursday 9 th September, 2010
Time:	6:00 – 6:45 Refreshments 6:45 – 7:30 Presentation
Venue:	Peter MacCallum Cancer Institute 7 St. Andrews Place East Melbourne
Presentation:	Brockhoff Lecture Theatre Level 3, Smorgan Family Building

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Attendance at this meeting contributes to APACE points



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Future Scientific Meetings:

2010

~~19-20th March~~

~~One Day Seminar~~

~~Venue—St. Vincent's Hospital, Melbourne~~

~~6th May~~

~~HGV/ASC Scientific Meeting—Student Presentations~~

~~Venue—PeterMac~~

~~24th June~~

~~**Scientific Meeting**—Forensics and Histology—a waste of time?~~

~~**Presented By:** Dr Paul Bedford (Forensic Pathologist)~~

~~**Venue**—Victorian Institute of Forensic Medicine (VIFM) **~~

~~23th July~~

~~Social Event—Trivia Night~~

~~Venue—Mount Erica Hotel~~

~~9th September~~

~~Scientific Meeting – Renal Biopsies~~

~~Speaker - Professor John Dowling (Monash Medical Centre)~~

~~Venue - PeterMac~~

~~11th November~~

~~Scientific Meeting - AGM~~

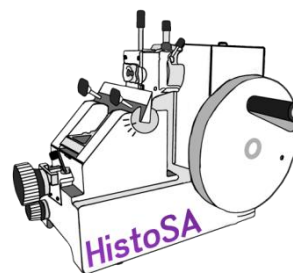
~~Venue – PeterMac~~



Histology Group of Victoria Inc.

Org. No. A0035235F

ABN 15 555 602 100



JOINT MEETING HGSA AND HGV
12th and 13th March 2011
COONAWARRA

For accommodation and special dietary requirements please contact

CHARDONNAY LODGE RESORT
Riddoch Highway, Coonawarra
T: 08 8736 3309 **F:** 08 8736 3383
E: enquiries@chardonnaylodge.com.au
chardonnaylodge.com.au

	Single	Double/Twin	Triple	Extra Adult	Extra Child
Studio	\$118	\$142	N/A	N/A	N/A
Standard	\$128	\$159	\$188	\$29	\$18
Luxury	\$138	\$163	\$192	\$29	\$18
Luxury Spa	\$146	\$173	\$202	\$29	\$18
Superior Suite	\$165	\$192	\$221	\$29	\$18
Apartment	N/A	\$179	\$208	\$29	\$18

REGISTRATION

Registration closes Friday 25th February, 2011

Name:.....

Business Name and Address:.....

.....

.....

Phone No:..... **Fax No:**.....

Email:.....

Name to appear on name tag:.....

FULL REGISTRATION (Includes morning teas, lunches and conference dinner)	\$164.00
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SATURDAY REGISTRATION (Includes morning tea and lunch)	\$45.00
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SUNDAY REGISTRATION (Includes morning tea and lunch)	\$54.00
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WINERY TOUR SATURDAY AFTERNOON (Accompanying persons welcome)	\$10.00
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Children under 18	\$5.00
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CONFERENCE DINNER (Includes pre-dinner wine-tasting) (Accompanying persons welcome)	\$65.00
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LATE FEE (Registration after 20 th January, 2011)	\$20.00
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TOTAL	
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Signature:..... **Date:**.....

Please send completed registration form to:

Coonawarra Secretariat

Mark Bromley

Histology Department, Melbourne Pathology

103 Victoria Parade

Collingwood Vic 3066

mark.bromley@mps.com.au

Phone: 03 9287 7806

Fax: 03 9287 7702

Payment options: Please indicate

Cheque/Money Order to Histology Group of Victoria Inc.

or

Direct Deposit Histology Group of Victoria Inc

Commonwealth Bank St Vincent's Hospital

BSB: 063 449

Account No: 1006 5881

Transaction details must include the delegate's name

FINANCIAL STATEMENTS 2009-2010

As demonstrated by the financial statements the HGV has had a successful year. We made a surplus of \$8558.34 which was mainly due to \$5000 being returned to us from the South Australian Histology group. This money was initially added to money from the NSW Histology group as part of a fund to assist states organising National meetings. The money has been used by both the Queensland and SA Histology groups. Once the conference had concluded, it is then passed to the next state. As all 4 states with Histology groups have had the opportunity to host the National meeting, all are now in a financial position not to require the fund any longer, so all moneys have been returned to the originating states. The other significant venture the HGV undertook during the year was the One Day Seminar in March. Whilst we budgeted to break even, our registration numbers were higher than anticipated, thus making a small profit.

Our overall assets have risen to \$36804.42. This amount enables us to comfortably organise scientific and social events with adequate cash flow. We maintain the principle of offering membership at no cost and continue to offer conference registrations lower than any other pathology discipline, which is a credit to the voluntary work done by the committee.

Should you have any questions about the accounts please email secretary@hgv.org.au